

## NATIONAL IODINE DEFICIENCY DISORDER CONTROL PROGRAMME (NIDDCP)



Nagaland was declared as an IDD endemic state in the early 1960s with IDD prevalence at 34.3%. With the establishment of State IDD Cell in the Directorate of Health and Family Welfare, the IEC activities on IDD control and preventive programmes were conducted. Also information on Iodine Deficiency Disorders, were discriminated through various other agencies. More importantly the sustained supply of iodised salt in place of common salt has together brought about a sea change in the field of IDD scenario in the State. Today with IDD prevalence at about 0.60% recorded through random sample survey. We can boldly say that National Iodine Deficiency Disorder Control Programme is a blessing to our people.

Some of the physical achievements made under the programme during 2012-13 are mentioned as under:

### Achievement under NIDDCP 2012-13.

- 1) No of salt samples tested by Lab. method =755
- 2) Urine sample analysed =1700.
- 3) Salt sample tested with STK by ASHAs =47411
- 4) General awareness on control and prevention of IDD has significantly improved leading to behavioural change of the general population.
- 5) Supply and consumption of iodised salt has improved showing 85% of population using iodised salt.
- 6) 91% of population used 1 kg packet iodised salt.
- 7) 83% of the population has information on IDD.
- 8) 89% of populations are using iodised salt with iodine above 15ppm.



Dr. I. Sungit (SPO)Jt. Dir. addressing the gathering on Global IDD Prevention day.